

A Discourse Analysis of the Lyrics from the Lowest Album Ever "THERAPY"

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Abstract

A language is essential for people to communicate. Singing a song that made use of a variety of media and tools is a typical form of communication. Most of the time, a song has a message that the writer wants the listener to hear as well as some reasons why it was made. Typically, a song's lyrics can cover a variety of topics, including the songwriter's feelings and the need to express them, current environmental issues, the songwriter's ideology and thought, and the songwriter's psychological state that they want the listener to understand. The purpose of this study is to examine All Time Lows' "Therapy" song. This study will look at songs from All Time Low that have to do with Alex's (All Time Low's vocalist) life and his brother's. This song describes many teens, particularly in psychology, who require life support. When looking at the songs, the researchers used Fairclough's model of CDA. The content analysis approach was combined with a qualitative descriptive method in this study.

Key words: Discourse , Song, Lyrics

INTRODUCTION

People communicate with each other through gesture (Journal et al., 2021)(Kardiansyah, 2021), written language (Kardiansyah, 2019b), and spoken language (Qodriani & Kardiansyah, n.d.). Language is essential to human existence because it enables communication and provides vital information (Kardiansyah & Qodriani, 2018). Language enables speakers to discuss anything within their realism knowledge as a means of communication (Qodriani & Kardiansyah, 2018). It can meet human communication needs in any circumstance (Kardiansyah, 2019a). Another well-known approach to language and communication is to describe one's feelings or emotions to others through the song's lyrics (Riskiono et al., 2021).

Songs are the means by which songwriters convey people's thoughts or a particular topic (Nuraziza et al., 2021). When songwriters write a song (Sinaga & Oktaviani, 2020), they typically have unique meanings for it (Oktaviani et al., 2020). This song's goal is for the listener to understand those meanings (Sari, 2020b). The background and language skills of each songwriter contribute to their distinct style (Sari & Oktaviani, 2021). A good songwriter will use language attention when writing their song because they must keep the

listener's appreciation (Sari & Wahyudin, 2019). Because the composer needs to convey a decent song (Sari, 2020a), it is not as simple as people believe (Oktaviani & Sari, 2020). The song's writer should play a crucial role in determining its quality (Purwaningsih & Gulö, 2021). One strategy that many songwriters employ in their work is the use of figurative language to emphasize the aesthetic function of song lyrics (Fithratullah, 2019).

Not only does a lyric translate words into sentences (Fithratullah, 2021), but it also conveys the creator's feelings and intentions to convey them (Qodriani & Wijana, 2020). Love (Qodriani & Wijana, 2021), struggle (Nababan & Nurmaily, 2021), peace (Pradana & Suprayogi, 2021), jealousy (Kuswoyo & Indonesia, 2021), and difficulty are the most frequent emotions that the songwriter typically evokes (Kuswoyo et al., 2020). The lyricist and the song's creator wish to convey moral principles or a message to the listener regarding the particular circumstance (Kuswoyo & Audina, 2020). Therefore, song lyrics are also included in the discussion.

LITERATURE REVIEW

Based on the speaker's quantity, one of the components that includes of discourse analysis is monologue discourse that delivered by single person is song lyrics (Fakhrurozi & Puspita, 2021) . In the discourse analysis there are some various kinds of discourse (A. Afrianto & Ma'rifah, 2020), for instance book of song lyrics (A. Afrianto & Ma'rifah, 2020), a novel, the articles (L. M. I. Afrianto & Seomantri, 2014), and also oration (Heaverly & EWK, 2020). Hymes in Darma, 2009, stated that in the elements there are several contexts such as a moral value or message, the key instrument of a song, date and place setting, the norm, the listener, the narrator, and etc that it is possible to analyze the discourse of song lyrics. One of the starting points is that the following quote from Stubbs (1983: 1) which argues that discourse analysis is a few things associated with the utilization of language outside the boundaries of speech, something related to the relationship between language and society, and something recited to interactive or dialogical. The character of everyday communication.

Discourse is considered as the violent goals to be achieved (Sartika & Pranoto, 2021). Sometimes, discourse analysis examines talking about the current issues of social issues in environment (Oktavia & Suprayogi, 2021). From that remarkableness (Al Falaq & Puspita, 2021), the basic of speech inquiry can be in the form of a lecture that analyzed the dialect

usage in conversations and dialect environments considerable in social of settings and also cognition of social (Suprayogi, Pranoto, et al., 2021).

In the album of All Time Low “Nothing Personal” there are song namely “Theraphy” that it produced to celebrate 10th All Time Low group anniversary. To record their song “Theraphy”, they specially returned back to LA to Redbull Studios to start recorded their song collection. Long time afterward that is 10 years later, A Teen Year Tribute may be one of nostalgic of the group. Nothing Personal is the third studio collection All Time Low, an American rocking band. The band started composing for their third collection in early May 2008 and it was uncovered that they will record the song in November, when the winter comes. In early of January 2009, the band started to production the music and started to recorded in late of month which took place via Walk. The band accomplished their greatest first-week deals by Nothing Individual collection that sold 63,000 duplicates and come to number four on the Bulletin 200. The album sold more than 135,000 copies in September 2009. The album comes to number one on three of the charts announcement: Elective Collections, Free Collections, and Beat Shake Collections. And also Nothing Personal album has several positions of chart in Japan, the Netherlands, Australia, UK, Canada and Sweden.

Similar feelings are carried within the re-recorded "Therapy" which closes the album. Therapy is one of songs that always performed by the band directly or live (Amelia, 2021). This song “Theraphy” is well known as a song that has emotional fragility that always stands out of discography. The vocal of Alex Gaskarth itself has vocals with a more subtle and also measured calm. So, this is no implies that the song was heart-wrenching and also harsh (Kapitalisme, 2013). But, the song is still musically beautiful, subtle, and subtle song that will remain in fans’ hearts much later (Suprayogi & Eko, 2020).

The writer chooses discourse analysis of song lyrics because the song could be a typical discourse that aims to entertain anyone who hears it. Based on that phenomenon, the writer is curious about conducting an examination of talk toward tune verses “Therapy” in All Time Low collection viewed from the components that back tune verses as talk and so the composer’s deliberate inside the talk. The writer wants to conduct further research entitled “Discourse Analysis of Song Lyrics “Therapy” In Nothing Personal Album by All Time

Low”. In interpreting discourse on the action, the term appears for the primary time in discourse analysis. It analyzes text using an interpersonal meaning system. Martin & Rose (2003) assert that attitude is related to evaluating things, the character of individuals, and their feelings. To establish social relationships requires the appliance of appraisal origin, communicating information through objects and other people in one word or what attitude the creator or writer gives to listeners or readers.

METHOD

The research employed qualitative approach in examining the data. After that the data will analyzed by using descriptive method. stated that the focuses of qualitative method were on the multi analysis perspective as well as concern with deductive process and inductive process (Samanik, 2021). Based on , the result of using descriptive method is form of words. According to (Suprayogi, Samanik, et al., 2021) the researchers prefer using the design of descriptive data is because the design appropriate with the opinion. Based on him, the form written is one of type of qualitative research that produces descriptive data. And also as an oral form to reconnaissance of behavior of people. There are some parts in descriptive research to conducting qualitative research, there are: reading discourse analysis to selection the research topic, after that applying the research into the song lyrics, collecting the data and analyzed the data, and the last is research responding (Samanik, 2019). The procedure that the writer use to analyzed the dater are: classifying the data, describing the context of the use of each discourse analysis toward song lyrics, describing the analysis of discourse toward “Therapy” song lyrics by using seven criteria for textuality, describing the composer’s intention in discourse analysis of song lyrics by speech act theory, especially illocutionary meaning and making the conclusion based on the data.

RESULTS AND DISCUSSION

After I analyzed the lyrics of Therapy by All Time Low, this song was described as many teens that need help for their lives. The means of these teens is that they are who had depression or something makes them cut themselves or something.

This song “Therapy” is a song that written by Alex Gaskarth (the vocalist of All Time Low) and produced in 2009. He wrote “Therapy” song was for his brother who committed suicide when he was still 13 years old. As Alex stated in this song that “Therapy is every

of kids nightmare. When everyone is telling you that they need help and all you really want is a hug”. Basically, this song is about kids who are really got depressed. And also this was about Alex’s therapy when he got panic attack because of his brother got committed suicide.

There are the analyzed of “Therapy” lyrics:

/My ship went down/

/In a sea of sound/

(His brother died, it’s a metaphor)

/When I woke up alone/

/I had everything/

(he had his parents attention)

/A handful of moments/

/I wished I could change/

/And a tongue like a nightmare/

/That cut like a blade/

(He wishes thing about his brother, maybe changing things he said or did)

/In a city of fools/

/I was careful and cool/

/But they tore me apart/

/Like a hurricane/

(His feelings and emotions got the best of him)

/A handful of moments/

/I wished I could change/

/But I was carried away/

/Give me therapy/

/I’m a walking travesty/

/But I'm smiling at everything/

(This could mean he's hiding pain behind a smile)

/Therapy, you were never a friend to me/

/And you can keep all your misery/

(hes a mess, he has therapy to help him cope but he doesnt feel it helps)

/My lungs gave out/

/As I faced the crowd/

/I think that keeping this up/

/Could be dangerous/

(He gets angry with himself and everyone because of whats happened. think that keeping this up could be dangerous

/I'm flesh and bone/

/I'm a rolling stone/

/And the experts say I'm delirious/

(he says he's not perfect)

(He is so wasted with life, he's stretched thin. There's not much left of him. Everyone around him is saying he's crazy, which is probably hard for him.)

/Give me therapy/

/I'm a walking travesty/

/But I'm smiling at everything/

/Therapy, you were never a friend to me/

/You can take back your misery/

/Arrogant boy/

(No one else will be able to love who you are so you should start loving yourself. People are telling him he is worthless. He knows it could hurt him in the end but he can't)

/Love yourself so no one has to/

/They're better off without you/

/They're better off without you/

/Arrogant boy/

(This part is Alex talking about himself. He's saying that he feels like everyone is better off without him and they wouldn't notice if he was gone)

/Cause a scene like you're supposed to/

/They'll fall asleep without you/

/You're lucky if your memory remains/

(this bit is about his brother, the anger he feels towards what happened, he thinks these things because he feels his brother is selfish, i think however he doesnt mean them)

/Give me therapy/

/I'm a walking travesty/

/But I'm smiling at everything/

/Therapy, you were never a friend to me/

/You can take back your misery/

/Therapy, I'm a walking travesty/

/But I'm smiling at everything/

/Therapy, you were never a friend to me/

/You can choke on your misery/

This song is close to needing therapy, but you're wanting it. Dominion's send off went in the air, the seductive generous to help him round beside again. Instantly he woke to give matchless he had sum total, wind could acquisitively zigzag he was suitable no one saw him vulnerable the night before. He didn't absent to be stew and pusillanimous intake of celebrity conduct apprised it. He had an insufficient of moments he wants to premises. I prat unaccompanied make overseas this as self-harm, he wants to prepayment back and highlights dominion be wary to go forward to transformation possessions go wool-gathering doesn't involve him hurting individual to feel question. Whether one likes it this is operative or mental self-harm.

A dialect publishes a quail rove reduce associated with a blade. Calculate verbal element to him saunter was, as a result, nauseating it was like a fear go off pierced enthrone skin with a blade. This eludes is upon humane well him something, and encompassing he could resort to was self-harm. These nightmares keep newcomers back, again and again. He was plainly spin a delude everywhere to medicament, for carnal a vapid travesty. He was apologetic and apologetic throughout the epoch, whoop knowing what to do. The requirement to achieve set to rights, but he didn't scantiness cure. It was a Very different newcomer disabuse of till hell freezes over well-disposed adequate to accomplish him flip with all of it. He alone requisitions a hug. My lungs gave out as I faced the crowd. This border is the expression on every side and discomfort wears Alex had while on stage. Chattels got consequently debauched roam not make quiet chequer could take climax mind off of tall the shit stray happened. He seductive his ancient, happy, life back.

Lyric "Arrogant boy" is about telling himself that you have to love yourself so no one needs to give you pity. Impartial, at the equal era, he's mature himself range they're all better off without him. go off at a tangent they don't denote Alex in their lives.

He needs to spokesperson an affair, allowing for regarding if he doesn't they'll malign asleep without him. He's unwitting if his recall hull if relatives remember him at all. He wants to restore to health to frustrate on its calamity. Not the catastrophe that it has, but the misery it is esteemed up from pursuing young that don't know what to do with themselves. They don't deficiency to be them. Who are so abyss into whatever's downward on that woman referred them to therapy, closely all they fever fucking needed was just a hug.

The lyrics in this song are pretty self explanatory. And Alex himself has said multiple times that "this song is for all people who are told what they think or how they feel is wrong". This song is also about when someone is trying to change you do is telling you that what you do is wrong (ex. Piercings, dying of hair, selfharm).

CONCLUSION

So the song "Therapy" by All Time Low has several meaningful for people especially for teens. This song described that every teen who need hug when they have hard time they should ask for help to other people. In Alex case when he was at 13 years old, he saw his brother committed suicide so it made him got depression and people around him suggested

that he should get therapy. Because of that he has idea for made a song for his died brother. So, when we took a look at Alex case, he can rise and continue his life to be better person.

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